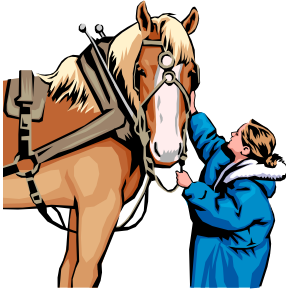


## Discovery Horse Camp Certified Horsemanship Association (CHA) Level 1



This is the beginning of your association with horses. The goals you will work toward in Level 1 include how to safely tie, groom saddle and bridle mount, and ride a horse. You will also be able to identify various parts of your horse and riding equipment. You will develop the ability to control a horse through the trot.

\*You may not complete all of these skills in one week of camp.

### Specific Skills include but not limited to:

- ❖ Approach and lead the horse correctly and safely
- ❖ Mount with control, without disturbing the horse. Horse may be held by an assistant. Riders may mount from a block.
- ❖ Dismount safely with control and prepare your horse to lead. Reins removed from horse's neck and English stirrups "run up"
- ❖ Ride at a walk with good Elementary position and control.
- ❖ Ride at a trot with good Elementary position and control.
- ❖ Halt from the walk/trot on command with control
- ❖ Ride turns and reverses in walk and trot with good control
- ❖ Learn the four natural aids (voice, seat, legs, hands) used in riding your horse
- ❖ Give 5 safety rules learned and reasons why each is important
- ❖ Demonstrate 3 simple grooming steps
- ❖ Show 5 point pre-ride safety check of equipment
- ❖ Pass a simple test on "horse sense"
- ❖ Know the basic parts of English and Western tack



Campers will be able to choose to "specialize" in English or Western style riding and will have opportunities to experiment with both styles.